

## DUCK

STEAMED DUCK WITH MUSHROOMS	23.00
STEAMED DUCK WITH CRAB MEAT SAUCE	23.00
DEEP FRIED DUCK WITH SWEET & SOUR	23.00
DEEP FRIED DUCK WITH LEMON SAUCE	23.00
DEEP FRIED DUCK WITH PLUM SAUCE	23.00

## PORK

BBQ PORK CHOW MEIN	19.00
PORK CHOPS PEKING STYLE	19.00
PORK CHOPS WITH PLUM SAUCE	19.00
SALT & PEPPER PORK CHOPS	19.00
SATE PORK FILLET	19.00
PORK FILLET WITH B.B.Q SAUCE	19.00
PORK FILLET SZECHUAN STYLE	19.00

## SWEET & SOUR

SWEET & SOUR KING PRAWNS	23.00
SWEET & SOUR PORK	18.50
SWEET & SOUR FISH	18.50
SWEET & SOUR CHICKEN FILLET	18.50
SWEET & SOUR COMBINATION	20.00

## OMELETTE

KING PRAWN OMELETTE	23.00
MINI PRAWN OMELETTE (gluten free)	18.50
SLICED CHICKEN OMELETTE (gluten free)	18.50
COMBINATION OMELETTE	18.50
B.B.Q PORK OMELETTE (gluten free)	19.00
PLAIN OMELETTE (gluten free)	9.00

## CHOW MEIN (FRIED NOODLES)

KING PRAWN CHOW MEIN	23.00
MINI PRAWN CHOW MEIN	18.50
COMBINATION CHOW MEIN	20.00
CHICKEN FILLET CHOW MEIN	18.50
SLICED CHICKEN CHOW MEIN	18.50
BEEF CHOW MEIN	18.50
BBQ PORK CHOW MEIN	19.00

## VEGETABLES

MIXED SEASONAL VEGETABLES (gluten free)	15.00
MIXED SEASONAL VEGIES WITH OYSTER SAUCE	15.00
MIXED SEASONAL VEGIES WITH CRAB MEAT SAUCE	17.00
MIXED SEASONAL VEGIES WITH FRIED BEAN CURD	17.00
MIXED SEASONAL VEGIES IN THAI GREEN CURRY	17.00

## AUSTRALIAN MEALS

FISHERMAN'S BASKET	24.00
FILLET STEAK w/ CHIPS, VEGIES & GRAVY	26.00
T-BONE STEAK w/ CHIPS, VEGIES & GRAVY	26.00
ROAST CHICKEN w/ CHIPS, VEGIES & GRAVY	20.00
CHICKEN & CHIPS	18.50
CHICKEN SCHNITZEL w/ CHIPS & GRAVY	14.00
FISH OF THE DAY & CHIPS	18.00
+ GARDEN SALAD	4.00

## KID'S MENU

FISH & CHIPS	9.50
CALAMARI & CHIPS	9.50
SPRING ROLLS & CHIPS	9.50
CHICKEN NUGGETS & CHIPS	9.50
PRAWN CHIPS	2.00
PLATE OF CHIPS (SMALL 5.00 MED 6.00 LARGE 7.00)	

## DESSERT

DEEP FRIED ICE CREAM	7.50
CHEESECAKE WITH ICE CREAM	6.50
FRUIT SALAD & ICE CREAM	6.50
BANANA FRITTER WITH ICE CREAM	6.50
LYCHEES & ICE CREAM	6.50
PAVLOVA & ICE CREAM	6.50
ICE CREAM WITH TOPPING	4.00

CHILDREN UNDER THE AGE OF 18 YEARS MUST BE ACCOMPANIED BY AN ADULT WHEN ORDERING OR PICKING UP TAKE AWAYS FROM THE RESTAURANT.

**Thank you**

# ETTALONG

BOWLING CLUB

101- 103 SPRINGWOOD STREET, ETTALONG

# HARRY'S

CHINESE RESTAURANT

We cater for all functions- members and guests are welcome to dine in or take-away.

**PHONE # (02) 4344 6655**

**Or 4341 0087**

Open for Lunch daily 12 - 2pm  
And Dinner 5 - 9pm (Sun - Thur),  
5 - 9.30pm (Fri - Sat)

**WE DO NOT SPLIT BILLS AND  
MEALS MUST BE PAID FOR WHEN  
ORDERING!**

PRICES SUBJECT TO CHANGE  
ALL PRICES INCL OF GST

THESE PRICES ARE APPLICABLE  
FROM APRIL, 2022

ETTALONG  
BOWLING CLUB

## HOUSE SPECIALTIES

SANG CHOY BOW (Entrée) (2 pcs) 10.00  
(This is a dish that will make the difference. Finely minced pork, water chestnut, onions and Chinese Pork sausages, Chinese mushrooms, marinated with a special sauce. Small pieces of lettuce are served with this exotic dish.)

SIZZLING MONGOLIAN LAMB 21.00  
(Exotic dish of fine lamb fillet in delightful mild hot sauce, served on hot iron platter.)

SIZZLING BLACK PEPPER FILLET STEAK 22.50  
(Marinated tender fillet steak, braised with crushed pepper and served on a hot iron platter.)

SUPREME SEAFOOD IN BIRD'S NEST 26.00  
(Hand picked king prawns, scallops, fish fillet, braised in seasonal vegetables.)

CHICKEN & HAM ROLL (Entrée) 12.00  
(A special pastry stuffed with marinated shredded chicken and a slice of ham in the middle, deep fried then sliced and served with a sweet and sour sauce.)

B.B.Q. COMBINATION 20.00  
(Hand picked king prawns, chicken fillet and fillet steak, served with our chef's own B.B.Q. sauce.)

SALT & PEPPER SQUID 21.00  
(Marinated squid lightly coated in flour and then wok fried with salt & pepper.)

SINGAPORE NOODLES 17.00  
(Stir-fried egg noodles seasoned with curry, prawns, chicken, ham, bean shoots and carrots.)

## APPETISERS

PRAWN COCKTAIL 8.00  
SEAFOOD COCKTAIL 10.00

## SOUP

SWEET CORN & CRAB MEAT SOUP 6.50  
SWEET CORN & CHICKEN SOUP 6.50  
CHICKEN & MUSHROOM CLEAR SOUP 6.50  
SHORT SOUP (won ton) 6.50  
LONG SOUP (noodle) 6.50  
COMBINATION SOUP 6.50  
COMBINATION SHORT SOUP 15.00  
COMBINATION LONG SOUP 15.00  
COMBINATION SHORT & LONG SOUP 17.00

## OYSTERS

	½ DOZ	1 DOZ
OYSTERS NATURAL	15.00	28.00
OYSTERS KILPATRICK	18.50	34.00
OYSTERS MORNAY	18.50	34.00

## HOME MADE ENTRÉE

MIXED ENTRÉE PLATTER per person	8.00
DELUXE MINI SPRING ROLLS (4)	5.50
DIM SIM (fried or steamed) (3)	6.90
CHICKEN & HAM ROLL	12.00
KING PRAWN CUTLETS (3)	9.90
SESAME PRAWN TOAST (4)	9.00
SANG CHOY BOW (2)	10.00

## RICE

KING PRAWNS & RICE	23.00
CHICKEN FILLET & RICE	18.50
COMBINATION RICE	20.00
CURRIED KING PRAWNS & RICE	23.00
CURRIED MINI PRAWNS & RICE (gluten free)	18.50
CURRIED CHICKEN FILLET & RICE	18.50
CURRIED SLICE CHICKEN & RICE (gluten free)	18.50
CURRIED BEEF & RICE	18.50
	SMALL LARGE
FRIED RICE	9.00 11.00
SPECIAL FRIED RICE	10.00 12.00
BOILED RICE	5.50 6.50

## SEAFOOD

SUPREME SEAFOOD IN BIRD'S NEST	26.00
SATE SEAFOOD	23.00
SEAFOOD WITH CASHEW NUTS	23.00
SIZZLING SEAFOOD SUPREME & CHILLI	23.00

## SCALLOPS

SCALLOPS WITH GINGER & SHALLOTS	30.00
SCALLOPS WITH B.B.Q SAUCE	30.00
SATE SCALLOPS	30.00
SCALLOPS WITH SEASONAL VEGIES	30.00
SCALLOPS WITH BLACK BEAN SAUCE	30.00
SIZZLING GARLIC SCALLOPS	30.00

## PRAWNS

KING PRAWNS WITH GINGER & SHALLOTS	23.00
SIZZLING GARLIC KING PRAWNS	23.00
KING PRAWNS WITH B.B.Q SAUCE	23.00
KING PRAWNS SZECHUAN STYLE	23.00
SATE KING PRAWNS	23.00
HONEY KING PRAWNS	23.00
KING PRAWNS WITH SEASONAL VEGIES	23.00
KING PRAWNS WITH BLACK BEAN SAUCE	23.00
KING PRAWNS WITH CASHEW NUTS	23.00
KING PRAWN FRITTERS	23.00
SALT & PEPPER KING PRAWNS	24.00

## STEAK

RAINBOW FILLET STEAK	23.00
FILLET STEAK CHINESE STYLE	22.50
SIZZLING BLACK PEPPER FILLET STEAK	22.50
FILLET STEAK WITH OYSTER SAUCE	22.50
FILLET STEAK WITH B.B.Q SAUCE	22.50
SATE BEEF	18.50
BEEF WITH CASHEW NUTS	18.50
BEEF WITH BLACK BEAN SAUCE	18.50
BEEF WITH SEASONAL VEGETABLES	18.50
SIZZLING CHILLI BEEF	18.50
SIZZLING TERIYAKI BEEF	18.50

## CHICKEN

HONEY CHICKEN	18.50
BONELESS LEMON CHICKEN	18.50
FRIED CRISPY SKIN CHICKEN	18.50
CHICKEN FILLET WITH B.B.Q SAUCE	18.50
SATE CHICKEN FILLET	18.50
CHICKEN FILLET WITH PLUM SAUCE	18.50
CHICKEN FILLET WITH CASHEW NUTS	18.50
CHICKEN FILLET WITH BLACK BEAN SAUCE	18.50
CHICKEN FILLET WITH SEASONAL VEGIES	18.50
CREAMY GARLIC CHICKEN	18.50
SIZZLING TERIYAKI CHICKEN	18.50

## LAMB

SIZZLING MONGOLIAN LAMB	21.00
SIZZLING GARLIC LAMB	21.00
SATE LAMB	21.00